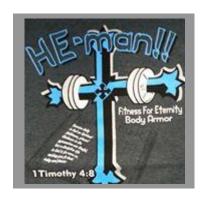
HE-man Ministries

Mission Trip to Lesotho, South Africa May 15-24, 2014

Lesotho is a small country in southern Africa. Mountainous and ruggedly beautiful, the country is home to the Basotho people. These mountains are a very dark place and the Basotho people are hard to reach with the Gospel. There are Witchdoctors as well as Male and Female Circumcision Rituals being performed among other unbiblical activities. They average about 1 medical professional per every 17,000 people.

As we "Go" to take the love of Jesus to the unreached world, we want to meet the Physical needs of the people as well as spread the Gospel. We want to provide Bibles, soccer balls, toothbrushes, toothpaste, and other dental care products on this trip to say we care and love them in the name of Jesus.





Our Mission Is - To Glorify God while equipping the world with Fitness for Eternity through the truth of God's Word, with a passion to see the lost saved through our Lord and Savior Jesus Christ!

HE-man Ministries is focused on the balance between Spiritual & Physical Fitness. 1 Timothy 4:8 (MSG Version) tells us we are to "Exercise daily in God no Spiritual flabbiness, please! Workouts in the gymnasium are Useful, but a disciplined life in God is far more so, making you fit both today and forever!"

HE-man Ministries, Inc. is operated under the accountability of a Board of Directors comprised of Christian men and women with the passion to see the Gospel of Jesus Christ advanced around the globe through sports and sports-related activities, Vacation Bible Schools, Camps, as well as through Construction, Medical, Education, and Evangelism and Christian Outreach Programs.

WHY WE GO - TO SHARE JESUS <>< HE-man Ministries Romans 10:13-15 1 Timothy 4:7b-8 Joshua 1:9

Orphan Crisis



Children left without parents struggle daily with learning to cope with their new lives, new families and basic survival needs.



HIV/AIDS is taking a devastating toll on the country, with people in their productive years — parents, farmers, teachers and health workers — dying in alarming numbers. Left behind are children and the elderly, who struggle to cope.

The number of orphans in Lesotho is staggering: with one in three people infected with HIV, there are hundreds of orphans in every village. Things being done to assist the orphans are:

- getting them access to primary school;
- a breakfast feeding program to supplement school lunches for the most vulnerable children;
- a pre-school/daycare program for young children being cared for by older siblings, enabling older children to attend school;
- participation in household level agriculture program providing training, seeds, and tools;
- recreation and sports programs involving vulnerable youth, with HIV/AIDS testing and prevention strategies incorporated into sports camps and cultural days;



National Day of Prayer May 1st

Everyone remember that Thursday May 1st is still National Day of Prayer...So on that day wherever you live – PARTICIPATE!!

HE-man Ministries has been given the honor to participate in the prayer time at the State Capital and Todd Carmichael (Founder/CEO) will be praying for International Affairs.

Please be sure to honor God this day as the nation comes together in prayer lifted up for His glory!!

The Workers Are Few - PRAY

35 Jesus went through all the towns and villages, teaching in their synagogues, proclaiming the good news of the kingdom and healing every disease and sickness. 36 When he saw the crowds, he had compassion on them, because they were harassed and helpless, like sheep without a shepherd. 37 Then he said to his disciples, "The harvest is plentiful but the workers are few. 38 Ask the Lord of the harvest, therefore, to send out workers into his harvest field."

(Matthew 9:35-38 NIV)

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The Flora Family has dedicated their lives to the people of Lesotho. HE-man Ministries hopes to partner with Jim & Teresa in spreading the Gospel in South Africa. Todd will be staying with the Floras on this trip and is looking forward to getting HE-man plugged into this wonderful ministry.





If you want more information about HE-man Ministries, how to Support the ministry financially, or if you have interest in "Being One of the Workers Going to the Harvest Field" contact us at

hemanministries@gmail.com

WHY WE GO - TO SHARE JESUS <>< Romans 10:13-15 1 Timothy 4:7b-8 Joshua 1:9

JESUS COMMANDS US IN
THE GREAT COMMISSION TO
GO AND SPREAD THE
GOSPEL TO THE WORLD!
FOR THOSE WHO CANNOT
GO, PLEASE HELP SUPPORT
THOSE WHO ARE GOING
INTO THE MISSION FIELD BY
PRAYER AND FINANCIAL
SUPPORT

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